DOCUMENT RESUME

ED 471 454 CG 032 129

AUTHOR	Atkins, Sally; Adams, Marianne; McKinney, Cathy; McKinney, Harold; Rose, Liz; Wentworth, Jay; Woodworth, Joan
TITLE	Expressive Arts Therapy: Creative Process in Art and Life.
ISBN	ISBN-1-887905-68-5
PUB DATE	2003-00-00
NOTE	172p.
AVAILABLE FROM	Parkway Publishers, Inc., PO Box 3678, Boone, NC 28607 (ISBN-1-887905-68-5, $25). Tel.: 800-821-9155 (Toll free); Fax: 828-265-3993; E-mail: sales@parkwaypublishers.com; Web site: http://www.parkwaypublishers.com/.
PUB TYPE	Books (010)
EDRS PRICE	Document Not Available From EDRS.
DESCRIPTORS	*Art Expression; *Art Therapy; *Counseling Techniques; Counselors; *Creative Art; Theory Practice Relationship; *Therapists
IDENTIFIERS	*Expressive Therapy

ABSTRACT

This book is written for therapists and for students who are becoming therapists. It offers insights to artists, teachers, and others interested in exploring the power of expressive arts for growth and healing. It provides theoretical grounding and practical applications from the collective experience of the authors who share their own immersion in the creative process. Expressive arts therapy is introduced as a reclaiming of ancient traditions that combined community, ritual, and art in healing. This book situates expressive arts therapy within the context of psychological theory and overviews the historical development and current practices in the field. The remaining chapters of the book focus on the cycles of the creative process, providing overviews, experiences appropriate for that cycle, personal stories, and poems related to that cycle. (Contains 292 references.) (GCP)

Reproductions supplied by EDRS are the best that can be made
from the original document.